

*Success Tip: Set Yourself Up for a Daily "Win"*

**It's so important to set yourself up for a daily victory in your business.  
Your daily win might be doing a Mental B.A.T.H!**

**B=Booking.** Get one a day or ask at least 3 women to have a facial.

**A=Affirmation.** These are corny, but they work! Affirm your success 3 times a day. You might say "I am a booking machine. Everyone wants to book with me, and I complete my Mental Bath daily."

**T=Tape/CD.** Listen to a training or motivation CD every day for 30 minutes.

**H=Hotline.** Call the hotline Daily to stay informed, motivated, inspired and trained. Hotline phone number is (your hotline #) & Access Code is (your access #).

You can do these 4 steps in less than 30 minutes a day, and most of them can be done while doing other things (you could listen to your CD when you're driving to work or getting ready in the morning.)

I'm only a phone call or email away!  
Your Phone Number    Your Email



